

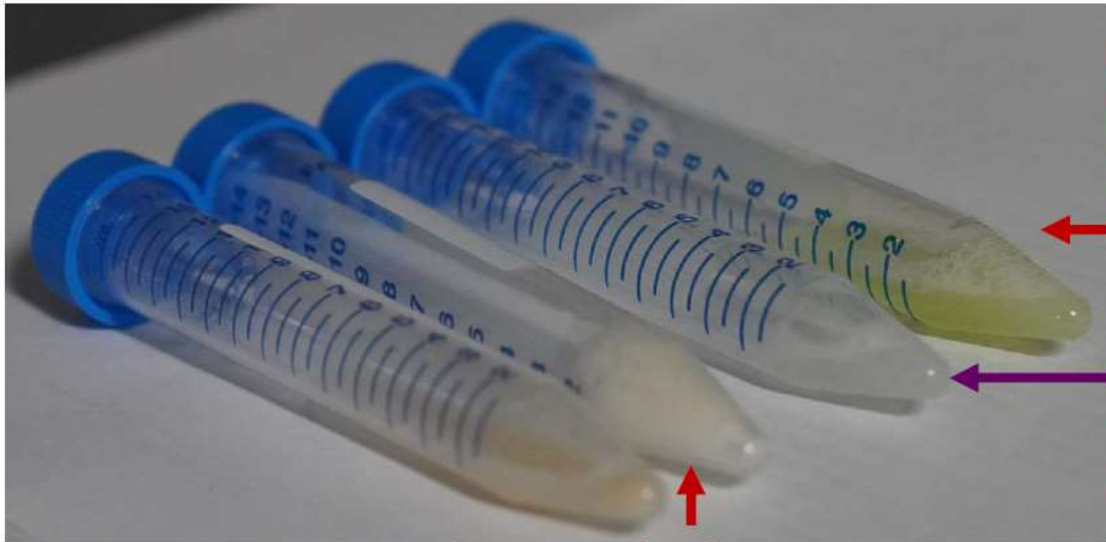
READ BEFORE TESTING:

- It is important to follow the sample collection guidelines to ensure that **only saliva**, not sputum, is being collected.
- This protocol is intended for the collection of the normal saliva that naturally pools into the mouth.
- **Coughing or sniffing immediately prior to sample collection must be avoided.**
- Drinks, food, smoking, nasal sprays, teeth cleaning and chewing gum should be avoided at least **30 minutes** before sample collection. Water is ok 10 minutes prior.
- To help with saliva production, think about food or sour candy.

COLLECTION PROCESS:

1. Upon arriving, **clean hands** using alcohol-based sanitizer or soap and water.
2. Unscrew the cap of the vial and hold up to your mouth and gently expel the saliva which has pooled into your mouth.
3. Repeat these steps until 4 mL has been collected. This volume **does NOT include any bubbles**. Work on pooling true saliva and **do not cough or sniff anything back for collection**.
4. Once sufficient volume is reached, screw the lid tightly on, and **place vial in baggie**.
5. After sample collection, **clean your hands again** using alcohol-based sanitizer or soap and water.

What does an acceptable saliva collection look like?



Discolored likely due to drinking too soon before sample collection

THIS!
Samples should be clear to white in color

These two samples either contain more sputum/mucus or are discolored from drinking too soon before sample collection